DOSES FOR COMMON MEDS

(o-5 years)

These doses are only for the USA

Can give every 6-8h as needed for fever/pain.

Do not give more than 4 doses in 24h.

Do not give other meds containing NSAIDS at same time

All content found on The Pediatrician Mom was created for informational purposes only and is generalized. This is not a substitute for professional medical advice, diagnosis or treatment. Always seek the advice of your physician with any questions you may have regarding a medical condition. Never disregard professional medical advice or delay in seeking it because of something you have read here.



The Pediatrician Mom Tips:

- If possible, use weight to dose; otherwise, use age.
- Always follow the label on the medication bottle.
- Always talk to your pediatrician before giving your child medication.

Cetirizine (Zyrtec)





Acetaminophen (Tylenol)

INFANT & CHILD Tylenol susp. are both 160mg/5ml

Can give every 4-6h as needed for fever/pain.

Do not give more than 5 doses in 24h.

Do not give other meds containing Acetaminophen at same time.

source: healthychildren.org



www.thepediatricianmom.com

✗ TRIM HERE AND TAPE TO MEDICINE CABINET OR PUT IN TRAVEL KIT. I recommend laminating!

DOSES FOR COMMON MEDS

(6+ years)

These doses are only for the USA

Ibuprofen (Motrin or Advil)



source: healthychildren.org

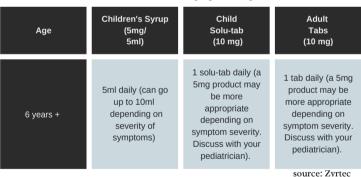
Can give every 6-8h as needed for fever/pain. Do not give more than 4 doses in 24h.

Do not give other meds containing NSAIDS at same time

The Pediatrician Mom Tips:

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Cetirizine (Zyrtec)



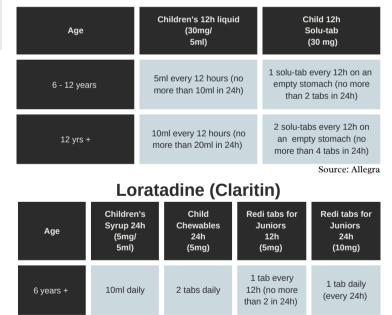
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Child Child Child Adult Adult Weight (160mg/ Chewable Solu pkt Tab Tabs (Age) 5ml) (160 mg) (160 mg) (325 mg) (500 mg) 48-59 lh 10 ml 2 tabs 2 packets 1 tab (6-8 y) 60-71 lb 12.5 ml 2.5 tabs 2 packets 1 tab (9-10 y) 72-95 lb 15 ml 3 tabs 3 packets 1.5 tabs 1 tab (11 y) over 96 lb 20 ml 4 tabs 4 packets 2 tabs 1 tab (12 y+)

Can give every 4-6h as needed for fever/pain. Do not give more than 5 doses in 24h.

Do not give other meds containing Acetaminophen at same time.

Fexofenadine (Allegra)



source: Claritin

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Acetaminophen (Tylenol)